



Indoor Pool Schedule Beginning November 16th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	5:30a-8:00a Lap Swim Water Walking	
6:00 AM							
7:00 AM							
8:00 AM	8:00am-9:00am Aqua-X	8:00am-9:00am Aqua-X	8:00am-9:00am Aqua-X	8:00am-9:00am Aqua-X	8:00am-9:00am Aqua-X		
9:00 AM	9:00am-10:00am Aqua-X	9:00am-10:00am Aqua-X	9:00am-10:00am Aqua-X	9:00am-10:00am Aqua-X	9:00am-10:00am Aqua-X		
10:00 AM	10:00am-11:00am Lap Swim Water Walking	10:00am-11:00am Lap Swim Water Walking	10:00am-11:00am Lap Swim Water Walking	10:00am-11:00am Lap Swim Water Walking	10:00am-11:00am Lap Swim Water Walking		
11:00 AM							
12:00 PM	Closed					Closed	
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	6:00pm-9:00pm Lap Swim Water Walking	6:00pm-7:00pm Aqua-X	6:00pm-9:00pm Lap Swim Water Walking	6:00pm-7:00pm Aqua-X	6:00pm-9:00pm Lap Swim Water Walking	5:00pm-9:00pm Lap Swim Water Walking	
7:00 PM		7:00pm-9:00pm Lap Swim Water Walking		7:00pm-9:00pm Lap Swim Water Walking			
8:00 PM							
9:00 PM							

- *Equipment will not be offered for Aqua X classes
- *6 feet of social distancing is required at the indoor pool
- *Registration required to attend activities in the pool
- *15 person capacity for all Aqua-X classes