



Indoor Pool Schedule (Starting Sept. 8-30)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:30 AM	Lap Swim/Water Walking 5:30am-8am						Pool Closed				
6:00 AM											
7:00 AM											
8:00 AM	Aqua X Molly Water Walking 8am-9am	Aqua X Molly Water Walking 8am-9am	Aqua X Molly Water Walking 8am-9am	Aqua X Molly Water Walking 8am-9am	Aqua X Judy Water Walking 8am-9am	Aqua X Water Walking 8am-9am					
9:00 AM	Aqua X Judy Water Walking 9am-10am	Aqua X Judy Water Walking 9am-10am	Aqua X Sara Water Walking 9am-10am	Aqua X Judy Water Walking 9am-10am	Aqua X Sara Water Walking 9am-10am	Water Walking / Lap Swimming 9am-10am					
10:00 AM	Lap Swim/Water Walking 10am-11am					Pool Closed 10am-12pm					
11:00 AM	Pool Closed 11am-6pm					Pool Closed 10am-12pm					
12:00 PM											
1:00 PM											
2:00 PM											
3:00 PM											
4:00 PM											
5:00 PM											
6:00 PM						Aqua X Judy Water Walking 6-7pm	Aqua X Judy Water Walking 6-7pm				Water Walking Lap Swim 5pm-9pm
7:00 PM						Water Walking Lap Swim 6-9pm	Water Walking Lap Swim 7-9pm	Water Walking Lap Swim 6-9pm	Water Walking Lap Swim 7-9pm	Water Walking Lap Swim 6-9pm	
8:00 PM	Indoor Pool Closes at 9PM Monday-Saturday										
9:00 PM						Indoor Pool Closes at 9PM Monday-Saturday					Indoor Pool Closes at 8PM Sunday

*2 Lap Swimmers per Lane. Lap swimming sign-ups available on WebTrac

*45 person capacity at the indoor pool.

*Water aerobics sign-ups available on WebTrac or at front desk. No aerobics equipment will be provided.