

INDOOR AQUATIC CENTER *BEGINNING SEPT. 8TH*

	MON	TUE	WED	THUR	FRI	SAT	SUN
6:00 AM	LAP SWIM / WATER WALKING						CLOSED
7:00 AM							
8:00 AM	DROP-IN AQUA-X						CLOSED
9:00 AM	DROP-IN AQUA-X					PARENT-TOT LESSONS	CLOSED
10:00 AM	DROP-IN AQUA-X					PARENT-TOT LESSONS	CLOSED
11:00 AM	LAP SWIM/ RES SWIM	LAP SWIM/ RES SWIM	LAP SWIM/ RES SWIM	LAP SWIM/ RES SWIM	LAP SWIM/ RES SWIM	JR. GUARD/ LIFEGUARD TRAINING	CLOSED
12:00 PM							
1:00 PM	ARTHRITIS AQUA-X		ARTHRITIS AQUA-X		ARTHRITIS AQUA-X	REC SWIM/ LAP SWIM	
2:00 PM	ARTHRITIS AQUA-X		SWIM LESSONS		ARTHRITIS AQUA-X		
3:00 PM	SWIM LESSONS 3:00 - 3:45						
4:00 PM	SWIM LESSONS 4:00 - 4:45						
5:00 PM	SWIM LESSONS 5:00 - 5:45						
6:00 PM	REC SWIM/ LAP SWIM	SWIM LESSONS 6:00 - 6:30/ LAP SWIM	RAINBOWS END 6:30 - 7:30	SWIM LESSONS 6:00 - 6:30/ LAP SWIM	REC SWIM/ LAP SWIM		
7:00 PM		AQUA-X 6:30 - 7:30		AQUA-X 6:30 - 7:30			
8:00 PM		AQUA-X 7:30 - 8:30		AQUA-X 7:30 - 8:30			
9:00 PM	CLOSED						

**Water Walking in the current river is available anytime the indoor pool is open.